

The Bladder Matters

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Tuesday, March 4, 2014 1:00pm

Sterling Memorial Library Lecture Hall A

lthough one in three women report urinary incontinence, fewer than 50% of women with incontinence seek care. Urinary tract problems significantly detract from quality of life, and many women discontinue activities they enjoy due to leakage issues. Men can also suffer from urinary incontinence, and both women and men can develop bladder symptoms such as urinary frequency, urgency, and nocturia (getting up at night to urinate), which increases in both genders with aging. Drs. Chai and Rickey will discuss the most common types of urinary incontinence; causes and risk factors; and prevention strategies and treatments, including behavioral modification, exercise, and minimally invasive surgical options.

This event is co-sponsored by Yale University Library, Yale Health and the Yale New Haven Hospital.

External link: http://www.library.yale.edu/librarynews/2014/02/the_bladder_matters.html [1]

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