Aging and Romance

October 27, 2016

Join us for a talk on Aging and Romance by Dr. Carole Goldberg, Director of SHARE and Assistant Clinical Professor in the Yale School of Medicine, on Thursday, November 10 at 1:00pm in the Sterling Memorial Library Lecture Hall.

Connection, closeness, companionship and touch are lifelong needs that do not get old, even when we do. We may be graying but the benefits of shared, close relationships are essential at all ages, maybe even more so as we age. Welcoming new people into our lives may seem daunting. Maybe we’ve forgotten how or there is some hesitation around seeking new companions or opening our hearts to new relationships. Talking about it may be a useful place to start.

Dr. Goldberg is a licensed Clinical Psychologist. She received her undergraduate degree from the University of Maine in Orono. She has a master's degree and doctorate in clinical psychology from Nova Southeastern University in Fort Lauderdale, Florida. Her pre-doctoral and post-doctoral internships were at Yale Psychiatric Institute and Yale University. She joined the staff of Yale’s department of Mental Health and Counseling in 1997. Carole is an Assistant Clinical Professor in the Yale School of Medicine, and the Inaugural Director of SHARE (Sexual Harassment and Assault Response & Education) since 2006. She is a certified sex therapist with AASECT [American Association of Sexuality Educators Counselors and Therapists] and a psychoanalyst, trained at the Western New England Institute for Psychoanalysis.

This talk is co-sponsored by Yale University Library and Yale Health.