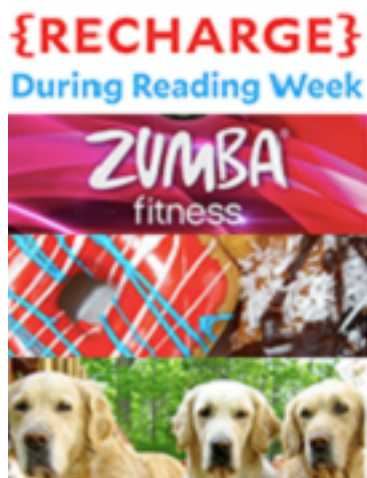# RECHARGE During Reading Week

December 11, 2017

YUL has a number of de-stress events happening over Reading Week, December 11 through December 15. Here is a list of everything the library is hosting around campus:

Monday, December 11th

Therapy Dog Agnes, Time 12 noon-1PM, Arts Library

Zumba 8PM-9PM, Sterling Memorial Library International Room

Tuesday, December 12th

Long Night Against Procrastination** (registration required), happening at:

7 PM – 10:30 PM @ CSSSI Seminar Room

7 PM – 10:30 PM @ Arts Library

7 PM – midnight @ Bass Library Room L01 and L06

7 PM – midnight @ Medical Library

7PM – midnight @ Vincent Library, St. Thomas More Center

Wednesday, December 13th

Therapy Dog, Agnes, 11 AM – noon @ CSSSI

Therapy Dog, Heather, 2 PM – 4 PM @ Bass Library

Pizza and Puzzles, 7 PM – until food runs out @ CSSSI

Donuts, 9PM – until food runs out @ Bass Library Circulation Desk

Thursday, December 14th

Mindfulness and Meditation, 4PM – 4:30 PM @ CSSSI Seminar Room

(Almost!) Midnight Breakfast, 11 PM – until food runs out @ Bass Library

Friday, December 15th

Mindfulness and Meditation, 12:15 PM – 12:45 PM @ Haas Arts Library, Room 119

Other

Arts Library: Puzzles, Coloring Books, Origami (all week)

Bass: Coffee and Tea after Bass Café closes (Monday – Thursday)

CSSSI: Puzzles, Coloring pages (all week)

**The Long Night Against Procrastination is a time when the library offers students a quiet, distraction-free study space for the night. We ask that they leave their phones at the door when they arrive, and then roughly every 1 ½ hours there is a 10-minute break with snacks and some (Library approved) YouTube videos. After that, students can refocus for another 1.5 hours until another break time with snacks, YouTube, etc. Registration is required, and the event will fill up!

To register for the Long Night Against Procrastination and to see a full list of events, go to: https://ask.library.yale.edu/faq/212369. [1]

Source URL:https://web.library.yale.edu/news/2017/12/recharge-during-reading-week

Links
[1] https://ask.library.yale.edu/faq/212369