# Donuts, dogs, and no distractions: How Yale Library supports students through Reading Week



December 5, 2018

Classes end for the semester on Friday, Dec. 7, and the university's librarians are once again pulling out all the stops to make Reading Week fun for students – or at least, a little less stressful. This year's Recharge During Reading Week program unfolds at multiple locations with visits from therapy dogs, mindfulness workshops, music, dance, puzzles, and more. Caffeine and comfort food are are among the mainstays of the program.

The Long Night Against Procrastination will take place Tuesday, Dec. 11, providing a distraction-free work environment (no phones allowed), snacks, stretching, and drop-in consulations with writing partners, academic strategy partners, and librarians. The Long Night will be hosted at the Haas Family Arts Library, the Anne T. and Robert M. Bass Library, Sterling Memorial Library, the Cushing-Whitney Medical Library, and the Vincent Library at the Saint Thomas More Catholic Chapel and Center. Registration required.

Here's the full schedule of the library's reading week programs:

## All Week

Coffee, Bass Library, 8:30 p.m., Monday - Thursday

Coloring Books & Puzzles, Haas Arts Library

## Monday, Dec. 10

Pizza and Puzzles, 24-hour Space, Center for Science and Social Science Information (CSSSI), 7 p.m. – until the pizza runs out

Zumba, Sterling Memorial Lecture Hall, 7:30 – 8:30 p.m.

Library Jam, featuring Mixed Company and Shades of Yale, Sterling Memorial Library Nave, 9 p.m.

## Tuesday, Dec. 11

Mindfulness and Stress management workshop, Bass Library, L01 A-B, 4 – 5 p.m.

Long Night Against Procrastination:

- Arts Library, Room 119, 7 -11:30 p.m. Register here: bit.ly/2QaQih8
- Bass Library and Sterling Memorial Lecture Hall, 7 midnight. Register here: bit.ly/2B2PVer
- Medical Library, Hope 110, 7 midnight. Register here: bit.ly/2zIFDAd
- Vincent Library, Saint Thomas More Center, 7 midnight, Register here: bit.ly/2RBIC4I

# Wednesday, Dec. 12

Emergency Caffeine, CSSSI 24-hour Space, 8 p.m. - until the coffee/tea run out

Emergency Donuts, Bass Library, Circulation Desk, 9 p.m. - until the donuts run out

## Thursday, Dec. 13

Therapy Dog Gideon, CSSSI 24-hour Space, 2 – 4 p.m.

Therapy Dog Kelsey, Bass Library, 2 -4 p.m.

(Almost) Midnight Breakfast, Bass Library circulation desk, 10 p.m. - until the food runs out

Source

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